LESSON 22 · DAILY PRACTICE

# Full Simulation 01

실전 15문항 먼저 답하기 → 해설 | 모범답변은 실제 생활에 맞게 바꾸는 연습 예시입니다.

## 오늘의 학습 구조

| | |
|---|---|
| **Q1** | 자기소개: 직업 · 가족 · 취미 |
| **Q2-Q4** | 집: 묘사 · 평소 루틴 · 문제 경험 |
| **Q5-Q7** | 달리기: 장소 · 준비와 과정 · 기억에 남는 경험 |
| **Q8-Q10** | 재활용: 루틴 · 문제 경험 · 과거와 현재 |
| **Q11-Q13** | 호텔 연속 상황: 정보 문의 · 문제 해결 · 관련 경험 |
| **Q14-Q15** | 심화: 전화와 메시지 비교 · 디지털 기기 사용 문제 |

훈련 원칙
짧은 완성 문장으로 시작한 뒤 장소, 활동, 이유, 결과를 한 덩어리씩 추가하세요. 답변 전체를 외우기보다 구조를 재사용합니다.

주의
등급이 올라가도 사실관계를 바꾸지 않습니다. 같은 정보에 구체 묘사와 연결어만 더해 질문 요구사항을 빠뜨리지 않습니다.

Q1 · INTRODUCTION

# Full Simulation 01

직업, 가족, 취미를 짧게 연결하세요. 사실과 다른 예시 정보는 본인의 실제 상황으로 바꾸세요.

**Tell me about yourself, your daily life, and what you enjoy doing in your free time.**

**IL**

I am an engineer. I live with my family. I like running and spending quiet time at home.

**IM**

I work as an engineer and live with my wife and daughter. My weekdays are usually busy. In my free time, I enjoy running, watching movies, and relaxing with my family.

**IH**

I work as an engineer, so most weekdays involve solving technical problems and communicating with colleagues. After work, I try to spend time with my family. Running is my favorite way to recharge because it clears my mind. On weekends, I prefer a relaxed schedule with a walk, a movie, or a simple meal together.

**AL**

I would describe myself as someone who enjoys solving problems but also values a calm family life. I work as an engineer, and my weekdays are fairly structured, with technical tasks and discussions taking up most of the day. Outside work, I enjoy running because it gives me a clear break from screens and helps me reset mentally. My weekends are usually simple: spending time with my wife and daughter, watching a movie, or taking a walk. That balance keeps me motivated without making my schedule feel overcrowded.

CHECK · a clear break from work

Q2 · HOME · DESCRIPTION

# Full Simulation 01

집 전체에서 좋아하는 공간으로 범위를 좁히고 구체적인 활동과 이유를 붙이세요.

**Describe your home. What does it look like, and which space do you like most?**

**IL**

I live in an apartment. It is bright and comfortable. I like the living room because my family spends time there.

**IM**

I live in an apartment with my family. It has a living room, bedrooms, and a kitchen. My favorite space is the living room. It gets plenty of sunlight, and we relax and talk there after dinner.

**IH**

My home is a comfortable apartment with a practical layout. The living room connects to the kitchen, so it is easy for everyone to talk while doing different things. I particularly like the living room because it receives warm afternoon light. We often sit there after dinner, share stories, and watch something together.

**AL**

I live in an apartment that is more practical than luxurious, but it suits our daily life well. The living room and kitchen are connected, which makes the main area feel open and helps us stay in touch even when we are doing different things. My favorite spot is near the living-room window, where the afternoon light makes the space feel warm. After dinner, we usually gather there to talk or watch a program. What makes it special is the relaxed atmosphere we have created together.

CHECK · a practical layout

Q3 · HOME · ROUTINE

# Full Simulation 01

퇴근 뒤 행동을 시간순으로 말하세요. 행동마다 이유를 모두 붙이기보다 핵심 습관 하나만 설명해도 됩니다.

**What do you usually do at home on a weekday evening? Walk me through your routine.**

**IL**

I have dinner and talk with my family. Then I rest or watch a program. Before bed, I prepare for the next day.

**IM**

After work, I usually have dinner with my family and ask about their day. I help with a few chores, take a shower, and relax. Before going to bed, I check my schedule for the next morning.

**IH**

My weekday evenings follow a simple routine. I first have dinner and catch up with my family. After helping clear the table, I take a shower and spend some time relaxing. Depending on my energy, I watch a short program or practice English. I finish by checking the next day's schedule so the morning feels less rushed.

**AL**

On a typical weekday evening, I try to slow down as soon as I get home. Dinner is usually the first chance for my family to catch up, so I put my phone aside and listen to what happened during their day. Afterward, I help tidy up, take a shower, and choose one quiet activity, such as watching a program or practicing a little English. Before bed, I check my schedule and prepare anything I need for the morning. This routine helps me separate work from home.

CHECK · catch up with my family

Q4 · HOME · PAST EXPERIENCE

# Full Simulation 01

발견, 즉시 조치, 연락, 수리 결과 순서를 유지하세요. 경험 답변에서는 과거 시제를 끝까지 지키세요.

**Tell me about a problem you experienced at home. What happened, how did you handle it, and what was the result?**

**IL**

The kitchen sink leaked one evening. I turned off the water and called management. A technician fixed it the next day.

**IM**

One evening, I found water under the kitchen sink. I turned off the valve and placed towels on the floor. Then I contacted the management office. A technician replaced a loose part the next morning, and the leak stopped.

**IH**

A memorable problem at home was a leak under the kitchen sink. I noticed a small puddle while cleaning after dinner. I immediately closed the water valve, dried the floor, and took a photo for the management office. A technician came the next morning and replaced a worn connection. Fortunately, we acted before the water damaged the cabinets.

**AL**

One evening, I noticed water collecting beneath the kitchen sink just as we were finishing dinner. At first, I thought someone had spilled a drink, but the puddle kept growing. I shut off the valve, moved the items stored below the sink, and took photos before contacting management. They arranged for a technician the following morning, and a worn connection was replaced. The repair itself was straightforward, but I remember feeling relieved that we had noticed it early. Since then, I have checked that area occasionally.

CHECK · notice it early

Q5 · RUNNING · DESCRIPTION

# Full Simulation 01

위치와 길의 특징을 설명한 뒤 달리기에 좋은 이유를 연결하세요. 다른 사람과 함께 쓰는 길의 안전도 자연스러운 세부 내용입니다.

**Where do you usually go running? Describe the place and explain why you like it.**

**IL**

I run in a park near my home. The path is wide and safe. I like the trees and fresh air.

**IM**

I usually run in a park near my apartment. There is a wide path around a lake, and the route is easy to follow. I like it because there are few cars, plenty of trees, and enough space to run comfortably.

**IH**

My usual running route is a path around a nearby lake park. It is wide enough for runners and walkers, and most sections are separated from traffic. There are trees, benches, and open views of the water. I enjoy the changing scenery because it makes regular exercise feel less repetitive, especially in the early morning.

**AL**

I usually run along a lakeside path close to home. The route is convenient enough that I do not need to drive, and its wide, mostly flat surface makes it suitable for both easy runs and longer sessions. What I appreciate most is the combination of open water, trees, and distance from traffic. Early in the morning, the area feels especially calm. The scenery changes with the light and the seasons, so even a familiar route gives me something different to notice each time.

CHECK · a lakeside path

Q6 · RUNNING · ROUTINE

# Full Simulation 01

준비, 달리는 중, 마무리를 분명히 구분하세요. 운동 효과나 건강 수치를 단정할 필요는 없습니다.

**How do you prepare for a run, and what do you do before, during, and after running?**

**IL**

I check the weather and wear running shoes. I warm up before running. Afterward, I walk slowly and stretch.

**IM**

Before running, I check the weather, put on comfortable shoes, and do a short warm-up. I start slowly and keep a steady pace. After the run, I walk for a few minutes, drink water, and stretch gently.

**IH**

My preparation starts with checking the weather and deciding how long I want to run. I wear comfortable shoes and spend a few minutes warming up. During the run, I begin at an easy pace and adjust based on how I feel. After finishing, I cool down with a walk, drink some water, and stretch instead of stopping abruptly.

**AL**

I keep my running routine simple but consistent. Before heading out, I check the weather and choose a distance that fits both my schedule and my energy level. After a short warm-up, I start gently rather than trying to reach my target pace immediately. During the run, I pay attention to my breathing and ease off if something feels uncomfortable. I finish with a short walk, some water, and gentle stretching. This approach makes running easier to maintain as a habit.

CHECK · keep a steady pace

Q7 · RUNNING · PAST EXPERIENCE

# Full Simulation 01

어려움과 대처를 중심으로 말하세요. 빠르게 출발한 원인과 속도를 조절한 결과를 연결하면 경험이 선명해집니다.

**Tell me about a memorable run or race. What made it challenging, and how did you feel afterward?**

**IL**

I joined a ten-kilometer race. The last part was difficult. I slowed down but kept going. I felt proud when I finished.

**IM**

I once entered a ten-kilometer race. I started too quickly, so I became tired near the end. I reduced my pace and focused on reaching the next marker. When I crossed the finish line, I felt relieved and proud.

**IH**

A memorable running experience was a ten-kilometer race where I underestimated the difficulty of pacing. The first few kilometers felt easy, so I ran faster than planned. Later, my legs became heavy. I slowed down, focused on my breathing, and worked toward one marker at a time. Finishing taught me to respect a steady pace instead of chasing an impressive start.

**AL**

One race I remember clearly was a ten-kilometer event where I made the mistake of starting too aggressively. The energy of the crowd pulled me along, and the early kilometers felt effortless. By the later stages, however, my legs were heavy and maintaining the same speed was no longer realistic. I deliberately eased off and focused on reaching the next marker instead of worrying about the whole distance. Crossing the finish line felt rewarding because I had adjusted rather than given up. It changed how I prepare for races.

CHECK · one marker at a time

Q8 · RECYCLING · ROUTINE

# Full Simulation 01

이 답변은 연습 예시입니다. 실제 배출 품목과 요일은 거주지 안내에 맞춰 바꾸고 확실하지 않은 분류는 확인한다고 말하세요.

**Explain how you separate and dispose of recyclable items where you live.**

**IL**

I separate paper, plastic, glass, and cans. I rinse containers and use the recycling area near my building.

**IM**

At home, I sort paper, plastic containers, glass, and cans into separate bags. I empty and rinse food containers before taking them out. Our apartment has a recycling area, so I follow the labels there and check unfamiliar items.

**IH**

I separate recyclable items at home before taking them to the collection area near our building. Paper, plastic containers, glass, and cans go into different groups. I empty containers and remove obvious food residue because dirty materials can cause problems. If I am unsure about an item, I check the posted instructions instead of guessing which bin it belongs in.

**AL**

Recycling at my apartment begins inside the home. We keep separate spaces for paper, containers, glass, and cans, so sorting does not become a large job at the end of the week. Before taking items downstairs, I empty them and rinse away food residue when necessary. At the collection area, I follow the posted labels because the accepted categories may differ by location. If an item is unfamiliar, I check the instructions first. Making these small steps part of our routine keeps the process manageable.

CHECK · follow the posted instructions

Q9 · RECYCLING · PROBLEM EXPERIENCE

# Full Simulation 01

혼란의 원인, 확인 행동, 처리 결과를 말하세요. 이 자료에서 특정 포장재의 정답 분류를 임의로 외우지는 마세요.

**Describe a time when recycling or waste disposal was confusing or inconvenient. How did you deal with it?**

**IL**

I did not know where to put a mixed-material package. I checked the sign and asked the manager. Then I separated the parts.

**IM**

I once had a package made of different materials and did not know which bin to use. I checked the instructions at the collection area and asked the building manager. After separating the removable parts, I disposed of them as directed.

**IH**

A confusing experience involved a package with several materials attached to one another. The symbols were hard to understand, and I did not want to contaminate a recycling bin. I read the collection-area notice and asked the building manager for clarification. I separated the parts that could be removed and followed the local instructions for the rest. The experience reminded me that checking is better than making assumptions.

**AL**

I once found myself hesitating over a package that combined paper, plastic, and a thin metallic layer. None of the categories seemed to fit the whole item, and the symbols on the package were not clear to me. Rather than dropping it into the nearest bin, I checked the notice and asked the building manager. I learned which parts could be separated and how the remaining material should be handled locally. It was a small inconvenience, but it showed me why clear instructions matter as much as people's willingness to recycle.

CHECK · ask for clarification

Q10 · RECYCLING · CHANGE / COMPARISON

# Full Simulation 01

과거와 현재를 비교하고 남은 문제를 덧붙이세요. 통계 없이 관찰한 변화와 자신의 의견을 구분해 말하면 됩니다.

**How have recycling habits changed compared with the past? Discuss improvements and remaining problems.**

**IL**

People separate more items now. There are clearer signs and more collection bins. However, some packages are still confusing.

**IM**

In the past, people around me paid less attention to separating waste. Today, more homes have recycling bins and clearer instructions. This makes sorting easier. However, mixed packaging and food residue still create confusion, so better guidance is needed.

**IH**

Recycling has become a more visible part of everyday life compared with the past. People now encounter sorting labels, separate collection points, and frequent reminders. These changes help households form better habits. However, improvements in awareness do not solve everything. Mixed-material packaging and unclear instructions still make correct disposal difficult, so both product design and local guidance matter.

**AL**

Compared with the past, recycling seems more firmly built into everyday routines. Separate bins and clearer labels have made it easier for households to sort materials, while public reminders have increased awareness. Still, I think there is a gap between wanting to recycle and knowing exactly what to do. Complicated packaging and inconsistent instructions can leave people uncertain. Further progress therefore depends on simpler product design and clear local guidance as well as individual effort. Convenience and clarity are essential if good intentions are going to become consistent habits.

CHECK · a gap between intention and action

Q11 · ROLE-PLAY · INFORMATION

# Full Simulation 01

정보 문의입니다. 예약 가능 여부, 총액, 시설, 취소 조건을 세 개 이상의 독립 질문으로 물으세요.

**You are planning a family weekend trip. Call a hotel and ask three or four questions about a room, facilities, and the reservation conditions.**

**IL**

Hello. Do you have a room for three this weekend? How much is it? Is breakfast included? Can I cancel the reservation?

**IM**

Hello, I would like a room for two adults and one child this weekend. Do you have one available? What is the total price for two nights? Is breakfast included? Could you also explain the cancellation policy before I book?

**IH**

Hello, I am planning a two-night family stay this weekend and would like some information before booking. Do you have a room suitable for two adults and one child? Could you tell me the total price, including any extra-person charges? Is breakfast included for all three guests? Finally, how late can I cancel or change the reservation without a fee?

**AL**

Hello, I am calling to check availability for a two-night family stay this weekend. We are two adults and one child, so could you tell me which room type would accommodate us comfortably? I would also like the total price, including any extra-person charges and breakfast. Does the hotel have parking, and is there an additional fee? Before I confirm anything, could you explain the cancellation deadline and whether we could change the dates if necessary? Thank you. I would like to compare those details before making the reservation.

CHECK · check the total price

Q12 · ROLE-PLAY · PROBLEM / SOLUTION

# Full Simulation 01

문제 해결입니다. 사실과 영향을 설명한 뒤 객실 변경, 추가 침대, 대체 숙소와 환불처럼 서로 다른 대안을 제시하세요.

**You booked a room with three beds, but the room you received has only two. Call the front desk, explain the problem, and suggest two or three solutions.**

**IL**

Hello. We booked three beds, but there are only two. Can we change rooms? Could you add a bed? If not, can we get a refund?

**IM**

Hello, we just entered our room, but it has two beds instead of the three in our booking. Could you move us to the correct room? If that is not available, could you add a bed at no extra charge? Otherwise, please explain our refund options.

**IH**

Hello, I am calling from our room because the bedding does not match our reservation. We booked three separate beds, but there are only two. Could you first check whether another room with three beds is available? If not, would it be possible to provide a suitable extra bed without an additional charge? If neither option works, could you help us arrange alternative accommodation and explain the refund procedure?

**AL**

Hello, I am calling about a problem with the room we have just checked into. Our confirmation specifies three separate beds, but this room has only two, which will not work comfortably for our family. Ideally, we would like to move to the room type we reserved. If that is unavailable, could you provide an appropriate extra bed at no additional cost? As a third option, could you help us find comparable accommodation and explain how the payment would be refunded? I can show you the confirmation now. Please let me know which solution you can arrange tonight.

CHECK · the room does not match our reservation

Q13 · RELATED EXPERIENCE

# Full Simulation 01

이 문항은 상대에게 질문하는 전화 연기가 아니라 관련된 자신의 과거 경험을 말하는 문제입니다. 사건, 행동, 해결, 느낌으로 마무리하세요.

**Have you ever had a problem with accommodation or a reservation? Describe what happened and how it was resolved.**

**IL**

My room was not ready once. I asked the desk for help. They stored our bags and called us later. The problem was solved.

**IM**

I once arrived at a hotel and found that our room was not ready. I explained that my family was tired and asked about the waiting time. The staff stored our luggage and called us when the room became available. We waited in a nearby cafe.

**IH**

During one trip, our hotel room was not ready even though we arrived after the stated check-in time. I calmly explained the situation and asked for a realistic estimate. The staff offered luggage storage and called housekeeping. We used the waiting time to get a drink nearby, and they contacted us when the room was ready. Clear communication prevented the delay from spoiling the rest of the day.

**AL**

A reservation-related problem I remember occurred when my family arrived at a hotel and our room was still being prepared after the advertised check-in time. We were tired, so an uncertain wait was frustrating. I asked the front desk for a realistic estimate rather than repeatedly asking whether the room was ready. They checked with housekeeping, stored our bags, and promised to call. We spent the wait in a nearby cafe and returned once they contacted us. I appreciated the practical response, and the experience taught me how much a clear timeline can reduce stress.

CHECK · ask for a realistic estimate

Q14 · ADVANCED · COMPARISON

# Full Simulation 01

두 방식의 특징을 비교하고 상황별 선택 기준을 제시하세요. 마지막에 통화 후 문자로 정리한다는 결합 방법을 넣을 수 있습니다.

**Compare communicating by phone with using messaging apps. Which do you prefer in different situations, and why?**

**IL**

I use messages for simple information. I call when something is urgent. Calls are faster, but messages leave a record.

**IM**

I prefer messaging for routine details because I can read and reply when convenient. It also leaves a written record. For urgent or complicated matters, I prefer a phone call because I can ask follow-up questions and avoid a long exchange.

**IH**

Phone calls and messaging apps serve different purposes in my daily life. Messages work well for addresses, times, and routine updates because the information remains easy to check later. Calls are more useful when something is urgent or requires discussion. Tone of voice can also reduce misunderstanding. I choose the method based on urgency and complexity rather than using the same one for every situation.

**AL**

I do not think one method is always better; the situation determines which is more effective. For practical details such as an address or appointment time, messaging is convenient because it provides a record and does not interrupt the other person. A phone call is preferable when a problem is urgent, emotionally sensitive, or difficult to explain in short texts. Hearing the other person's response allows us to clarify the issue immediately. My usual approach is to discuss complicated matters by phone and then send a brief written summary of what we agreed.

CHECK · depending on urgency and complexity

Q15 · ADVANCED · OPINION

# Full Simulation 01

문제 한 가지를 깊게 설명하고 실행 가능한 해결책을 제시하세요. 개인 관찰과 일반적인 사실을 구분하고 과장된 건강 주장은 피하세요.

**What problems can arise when people rely too much on digital devices in everyday life? Explain one problem and suggest practical ways to address it.**

**IL**

Too many notifications interrupt people. I turn off unnecessary alerts and put my phone away during meals. This helps me focus.

**IM**

Digital devices are useful, but constant notifications can interrupt work and family time. I try to turn off unnecessary alerts and check messages at certain times. I also put my phone away during meals so I can pay attention to the people around me.

**IH**

One problem with relying too much on digital devices is fragmented attention. Even a short notification can interrupt a conversation or make a simple task take longer. I do not think people need to stop using technology. Instead, they can silence nonessential alerts, set aside specific times for checking messages, and create phone-free moments during meals. These small limits allow technology to remain useful without controlling the whole day.

**AL**

The main issue I notice is that digital convenience can gradually turn into constant interruption. People may intend to check one message and then spend far longer switching between apps, which affects both concentration and the quality of time spent with others. A realistic response is to change the environment rather than depend entirely on willpower. Turning off nonessential notifications, keeping the phone out of reach during focused tasks, and agreeing on phone-free meals can help. The goal is to use devices deliberately while protecting attention for activities and relationships that matter.

CHECK · use devices deliberately

FINAL REVIEW · FULL SIMULATION

# Simulation Quick Review

질문의 요구사항을 먼저 채우고, 등급별로 세부 정보만 확장합니다.

## 재사용 핵심 표현

| | |
|---|---|
| **Q4** | notice it early |
| **Q7** | one marker at a time |
| **Q11** | check the total price |
| **Q12** | the room does not match our reservation |
| **Q13** | ask for a realistic estimate |

## 실전 모의고사 운영 순서

| | |
|---|---|
| STEP 1 | 학습자료를 덮고 음성 질문마다 60초 직접 답변 |
| STEP 2 | 15문항을 모두 푼 뒤 해설 구간 청취 |
| STEP 3 | 문의 3개 이상, 대안 2개 이상, 관련 경험 흐름 점검 |
| STEP 4 | 녹음에서 반복된 실수 2개만 선택해 수정 |
| STEP 5 | 다음 연습에서는 자료 없이 다시 발화 |

마지막 점검
1. 15문항을 먼저 직접 답했는가? 2. 정보 문의에서 질문을 3개 이상 했는가? 3. 문제 해결에서 서로 다른 대안을 2개 이상 제시했는가? 4. 관련 경험을 과거 시제로 사건·행동·결과까지 설명했는가?