OPIc Daily Practice - Lesson 18

Terrain & Outdoor Activities · 2026-10-12 · Goal: AL · Difficulty 6-6

학습 포인트

Q1 평소 루틴 → Q2 과거 경험 → Q3 변화와 비교 → Q4 Role-play 순서로 연습합니다. 각 답변은 IL → IM → IH → AL 순서로 디테일과 연결성을 높입니다.

Terrain & Outdoor Activities · a lakeside park · a gently sloping trail · walk along the water · clear my mind · set out early · the weather changed suddenly · take a safer route · reach the trailhead safely

Q1 - General / Description

Describe a natural outdoor place you often visit. What does the area look like, and what do you usually do there?

전략

첫 번째 질문은 자주 찾는 자연 장소를 묘사하는 문제입니다. 위치, 지형과 풍경, 이용하는 길이나 시설, 그곳에서 하는 활동과 좋아하는 이유를 순서대로 말하세요.

IL

I often visit a lakeside park near my home. It has a lake, trees, and a walking path. I usually walk or run there. The view is peaceful.

IM

I often visit a large lakeside park near my home. The area is mostly flat, but there are a few gently sloping trails. I usually walk along the water or run on the main path. I like the park because it is clean, open, and easy to reach.

IH

One outdoor place I visit regularly is a lakeside park near my home. A wide path follows the shoreline, and smaller trails lead through wooded areas and gentle hills. I usually run on the flat section and then cool down by walking near the water. There are benches and open fields, so families and cyclists also use the park. I enjoy it because the scenery changes with the seasons and helps me clear my mind.

AL

A natural outdoor place I visit quite often is a large lakeside park near my home. The landscape is varied enough to stay interesting: there is a broad, flat path along the water, several wooded sections, and a few gently sloping trails that provide a little more challenge. I normally run on the main route and finish with a slow walk near the lake. What I appreciate most is the balance between nature and accessibility. It feels peaceful, but the paths are well maintained and easy to reach. Spending even an hour there helps me clear my mind and return home with more energy.

Key Expressions

a lakeside park · a gently sloping trail · walk along the water · clear my mind

Q2 - Past Experience

Tell me about a memorable experience you had during an outdoor activity. What happened, and what did you do?

전략

두 번째는 기억에 남는 야외 활동 경험입니다. 언제 어디에 갔는지, 예상치 못한 상황, 안전을 위해 취한 행동, 결과와 배운 점을 시간 순서로 말하세요.

IL

I went hiking with my family. The weather changed and it started to rain. We stopped and checked the map. We took a short trail and returned safely.

IM

Last fall, I went hiking with my family. The weather was clear when we started, but it suddenly became cloudy and rainy. We put on rain jackets, checked the trail map, and chose a shorter route. We returned to the entrance safely.

IH

Last fall, my family and I went hiking on a mountain outside the city. We set out early, and the weather was pleasant at first. About halfway up, dark clouds appeared and it began to rain. The rocks became slippery, so we stopped, checked the map, and decided not to continue to the top. We took a safer route back and reached the trailhead without any problem. It was disappointing, but it was clearly the right decision.

AL

One of my most memorable outdoor experiences happened during a family hike last fall. We set out early because the forecast looked stable, and the first part of the trail was comfortable. However, the weather changed much faster than expected. Dark clouds moved in, visibility dropped, and light rain made the rocky sections slippery. Rather than pushing toward the summit, we stopped in a sheltered area, checked the official trail map, and compared two return routes. We chose the shorter, less exposed path and stayed together until we reached the trailhead safely. We did not complete the hike, but the experience reminded me that good judgment matters more than reaching a planned destination.

Key Expressions

set out early · the weather changed suddenly · take a safer route · reach the trailhead safely

Q3 - Change / Comparison

How have outdoor activities and natural areas changed compared with the past?

전략

세 번째는 야외 활동과 자연 공간의 과거와 현재 비교입니다. 예전의 단순한 길과 정보 부족, 현재의 정비된 코스와 모바일 정보 활용을 대비하고 편리함과 환경 보호 과제까지 설명하세요.

IL

In the past, trails had fewer signs. Now many trails are well marked. People use maps on their phones and check the weather. Outdoor activities are safer and easier.

IM

In the past, many outdoor areas had simple paths and limited information. These days, trails are better marked, and people can check maps, weather, and parking information on their phones. It is easier to plan a safe trip, but popular places can become crowded.

IH

Outdoor activities have become more convenient compared with the past. People used to depend on paper maps and signs at the entrance, while many natural areas now provide well-marked trails and real-time information online. Visitors can check weather conditions, trail closures, and transportation before leaving home. This improves safety and access, although heavy crowds and litter can put pressure on popular locations.

AL

Outdoor recreation has changed considerably because information and access have improved. In the past, visitors often relied on paper maps, a few signs, and advice from people at the site. Today, they can check trail difficulty, weather, parking, public transportation, and temporary closures before they leave home. Many routes are also better marked and maintained, which makes natural areas accessible to more people. The downside is that popular locations can become crowded and environmentally stressed. Better access therefore needs to be matched with responsible behavior, including staying on designated trails, carrying out trash, and respecting seasonal restrictions.

Key Expressions

compared with the past · well-marked trails · check conditions in advance · protect natural areas

Q4 - Role-play

You planned a hike, but the main trail has been closed. Call the visitor center, ask at least three questions, request an alternative route, and confirm the safety information.

전략

마지막은 주 등산로가 통제된 상황입니다. 통제 이유와 기간, 대체 코스, 난이도와 소요 시간, 날씨와 준비물을 최소 세 가지 질문으로 확인하고 최종 안전 정보를 다시 확인하세요.

IL

Hello. I am calling about the closed trail. Why is it closed? When will it open? Is there another trail? Is the other trail safe today? Please tell me where to start.

IM

Hello, I am calling about the main trail closure. Why was the trail closed, and how long will it remain closed? Is there an alternative route to the viewpoint? How difficult is that route, and how long does it take? Please tell me what safety equipment I need.

IH

Hello, I am calling about the main trail that was closed this morning. Could you tell me why it is closed and whether it may reopen today? Is there an alternative route that reaches the same viewpoint? How difficult is the alternative, and approximately how long does it take? I would also like to know whether the current weather makes that route safe. Could you confirm the correct entrance and the equipment I should bring?

AL

Hello, I am calling about the closure of the main hiking trail. I saw the notice online, but I would like to confirm a few details before changing my plan. Was the trail closed because of weather damage, and is there an estimated reopening time? Is there an officially recommended alternative route to the viewpoint? How does that route compare in difficulty and total hiking time? I am also concerned about the wet conditions, so are any sections particularly steep or slippery today? If the alternative is open, could you tell me which entrance to use and whether hiking poles are recommended? Great, let me confirm the safety information: I should start at the east entrance, follow the blue trail, avoid the ridge section, and return before late afternoon.

Key Expressions

I am calling about the trail closure · Why is the trail closed? · Is there an alternative route? · Let me confirm the safety information

Final Review

Q1은 역할·일정·협업 방식, Q2는 문제·원인·해결·결과, Q3는 과거·현재·효과, Role-play는 지연 설명·질문 세 개 이상·대안·최종 확인을 포함합니다.

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